



Save Energy and Money

Minimize the impact of cold weather on your energy usage



What's new: The rates you pay on your FPL bill are going down and cool weather season is here.

When to expect this rate decrease: In 2024, residential customer rates will be lower than they were in 2022 and 2023 in Northwest Florida. FPL is keeping residential bills among the lowest in Florida while continuing to build a stronger, smarter, more storm-resilient energy grid.

Cooler Weather: Due to the weather, your heating system may run more to try to make up the difference between the outside temperature and the thermostat setting.

Did you know? Adjusting the temperature more than two degrees at a time can turn on your emergency heat or heat strips, costing up to four times more to heat your home.

Energy saving tips and tools: Use our free energy manager tool that shows you when, where and how you use energy in your home. It also shares energy savings tips you can implement to help your save, visit [FPL.com/WaysToSave](https://www.fpl.com/WaysToSave).

Our commitment to you is to deliver clean, reliable energy at the lowest possible costs, while providing great service.

On behalf of everyone at FPL, thank you for the privilege and opportunity to serve you.

J.T. Young
Vice President and General Manager
FPL - Northwest Florida region

Following these energy savings tips can help you save up to \$50.

1. Heating systems can be big energy users. Set your thermostat to 68° and do not increase your thermostat setting more than two degrees at a time.
2. Avoid prolonged use of your auxiliary heating. Using auxiliary heat for more than 12 hours a day can add up to \$20 per day on your energy bill.
3. Reduce the temperature setting on your water heater to 120°.
4. Consider using the cold water setting when doing laundry.
5. Seal doors and windows to keep cold air out.

See other side for more savings tips.

Sometimes a higher-than-expected bill means you may need additional time or financial assistance to pay.

- » For financial resources available in your area: Call 211
- » To check if you qualify for an extension on your electric bill: Use the FPL app or FPL self-service options at 1-800-225-5797.

For a complete list of assistance available in your area, visit [FPL.com/Help](https://www.fpl.com/Help).

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Appliance	Take these actions to save	Potential Monthly Savings (\$)
Heating	Setting your heat to 68° or lower in the winter with your fan set to auto can save 5% on monthly heating costs for each degree you turn it down	\$37.00
Water Heating	Setting temperature from 140° to 120°	\$7.00
Laundry	Using cold water	\$6.00
Total		\$50.00

Heating estimates based on:

- » Single-Family detached 1500 square foot home
- » Doors and windows have average weather stripping/seals
- » Walls and ceiling have average insulation
- » Percent of consumption based on recent NOAA weather forecasted data (2020-2023)

Laundry estimates based on:

- » Savings calculated based on converting 4 loads of laundry per week from hot to cold water

*Other estimates based on expected annual usage by appliance from Energy.gov Energy Saver

Cold weather energy savings tips:

Extreme cold weather is rare in Florida, but even moderate temperature changes can impact your energy usage and raise your bill. When temperatures drop, heating your home can actually cost more than cooling it. To stay comfortable and save on your energy bill, try implementing the energy savings tips below.

Set it and forget it.  You can save 5% on monthly heating costs for each degree you turn it down.	Go slow.  Avoid changing your thermostat by more than 2 degrees at a time; this helps prevent backup heating elements from coming on.	Heat small areas.  Be sensible with portable space heaters; use units with a thermostat, and only in small areas while in the room.	Snuggle up.  Use an electric blanket or heated mattress cover; these are more economical than heating the entire house.
Don't get in hot water.  Keep your water heater temperature around 120°.	Keep warm air inside.  Seal doors and windows with weather-stripping or caulk to keep warm air from escaping.	Add attic insulation.  Adding insulation to your attic is one of the most cost-effective energy investments you can make - and we can help with a rebate.	Use fans wisely.  Reverse the setting on your ceiling fan to push warmer air down to the floor level.



Download the FPL app or visit [FPL.com](https://www.fpl.com) for more ways to manage your energy use in cold weather. Use the FPL app to monitor your energy use to make adjustments that can lower your bill.